

## **Public Health and Sustainable Transport Conference 2024**

**Collaborating towards a healthy, equitable and sustainable future in Transport**

### **Programme**

- 9.30 – 9.40**      **Welcome and Introduction**
- 9.40 - 11.00**      **Session 1: The Big Issues in Transport and Health**  
**Past, Present and Future - the journey so far**  
Margaret Douglas, Public Health Scotland
- Motonormativity: How social norms hide a major public health hazard**  
Prof. Ian Walker, Swansea University
- Questions and Discussion
- 11.00 –11.15**      **Comfort break**
- 11.15 – 12.40**      **Session 2: Transport and Public Health: Opportunities for Change**
- Welcome and introductions**  
Fiona Brown, Transport Scotland/Manira Ahmed Public Health Scotland
- Co-benefits of climate friendly transport**  
Anne Marte Bergseng, ClimateXChange
- Conversation with Less Waste Laura**  
Laura Young, Climate Influencer
- Leaders Panel Discussion**
- Key Question for the audience to consider over lunch!**
- 12.40 – 13.30**      **Lunch**

**13.30-15.00 Session 3: Celebrate, challenge and collaborate**

**13.30-13.40 Welcome back**  
Margaret Douglas, Public Health Scotland

**13.40-14.40 Participants will choose one breakout room on the day, from the following:**

<p><b>Training, tools and resources</b></p>	<p><b>The Place Standard Tool, rural and island version and community safety version</b> Sam Whitmore, Public Health Scotland</p> <p><b>Use of Place and Wellbeing Assessments</b> Mary Sinclair, Improvement Service</p> <p><b>Pedestrian Thinking</b> Kate Joester, Living Streets</p>
<p><b>Data and evidence</b></p>	<p><b>Can the principles of 20-minute neighbourhoods support active travel? Exploring the density and diversity of local amenities and travel behaviours</b> Jon Olsen, University of Glasgow</p> <p><b>Ethical approaches to collecting health data on transport projects</b> Kery Griffiths, Cycling UK</p> <p><b>Active Travel: trends, health, safety and environmental co-benefits</b> Bruce Whyte, Public Health Scotland</p>
<p><b>Sharing Practice</b></p>	<p><b>Taking healthcare to the community</b> Paul Reid, NHS Greater Glasgow &amp; Clyde</p> <p><b>The role of community transport in tackling transport poverty</b> David Hall, Badenoch and Strathspey Community ConnXions</p> <p><b>Active travel behaviour change in Edinburgh – People and Place</b> Judith Cowie, The City of Edinburgh Council</p>

<p><b>Influencing Decisions</b></p>	<p><b>The Walking and Cycling Index</b> Kate Lesenger / Liliás Monel, Sustrans</p> <p><b>Workforce Mobility – the use of data to change transport decisions.</b> Ewan Doyle, Edinburgh &amp; South East Scotland City Region Deal</p> <p><b>Investment in cycling delivers results. Using data to show the increase in cycling across Scotland</b> Valentin Jeanjean, Cycling Scotland</p>
<p><b>Citizen Engagement</b></p>	<p><b>Orkney Travel Matters</b> Michael Harvey, Sustrans</p> <p><b>The journey to wellbeing – Refugees, transport and mental health</b> Rosie Burrell/Madhi Saki, Mental Health Foundation</p> <p><b>Why disabled people are not engaging in your research (&amp; how to change that)</b> Lynn Pilkington, MACS</p>
<p><b>Communication and Engagement Across Sectors</b></p>	<p><b>Transport to Health regional and collaborative approach in South-east of Scotland</b> Rachael Murphy, SESTRANS</p> <p><b>Beyond the breakout room</b> Andrew Stewart, NESTRANS/NHS Grampian</p>

**14.40-15.00 Final reflections and close**  
Margaret Douglas, Public Health Scotland